



<http://eldermet.ucc.ie>



Alimentary Pharmabiotic Centre  
Interfacing Food and Medicine

<http://apc.ucc.ie>

## ***The Golden Years - maximising quality of life***

Prof. Cillian Twomey, Consultant Geriatric physician, Cork  
University Hospital and St. Finbarr's Hospital, Cork

## ***Healthy Digestion: Healthy Life***

Ms. Mary Rea, Senior Research Officer, Moorepark Food Research  
Centre, Fermoy, Co. Cork

## ***Diet, Microbiology and Health—The ELDERMET project***

Dr Siobhán Cusack, ELDERMET Project Co-ordinator and  
Alimentary Pharmabiotic Centre, University College Cork

